

## Brevard County Breastfeeding Resources

<http://www.spacecoastbreastfeeding.weebly.com/>

Information provided is subject to change without notice. Please call to verify meeting days, times, and locations.

### ♥♥North Brevard♥♥

<b>BETA of Titusville ~ Breastfeeding Services</b> – Kim Severson, CLC 620 Garden Street, Titusville, Fl. 32796 Hours: Mon-Thurs 9:30 to 12:00pm	<b>321-264-0446</b>
<b>La Leche League of Titusville - Sandy Hill, Anna Hackle</b> <i>Breastfeeding support group monthly meeting - 3<sup>rd</sup> Tuesday 5:30-7:30 pm</i> Titusville Library Hannemann Room, 2121 South Hopkins, Titusville, FL 32780	<b>321-458-0034 or 269-0476</b>
<b>Parrish Medical Center Lactation Consultant</b> – Rita Jordan, RN, IBCLC <i>Mom and Kids Gathering/play group &amp; breastfeeding support - Mon &amp; Wed – 10:00 a.m., the Children’s Center, Titusville</i>	<b>321-268-6682</b>
<b>WIC Titusville Lactation Consultant - Trish Daley, IBCLC</b> <i>Breastfeeding support group meeting the 3<sup>rd</sup> Friday of every month @ 2:00 pm Titusville Health Department</i>	<b>321-383-5542</b>

### ♥♥Central Brevard♥♥

<b>Cape Canaveral Hospital Lactation Consultant</b> –Laene Keith, MA, CCC/SLP, IBCLC Donna O’Brien, RN, IBCLC, Louise Silver, RN <i>The Mom’s Club, Breastfeeding support group meeting, Friday 1:00 p.m. Cape Canaveral Hospital Medical Plaza</i>	<b>321-799-7151</b>
<b>U.S. Air Force (all military Personnel) - Karen Gaston, RNC</b>	<b>321-494-8241</b>
<b>WIC Viera Lactation Consultant - Patty Tarasavage, IBCLC</b> <b>WIC Breastfeeding Peer Counselor - Terri Wynn, CLC</b> <i>Breastfeeding support group meeting the 1<sup>st</sup> Thursday of every month @ 10:30 am Viera Health Department</i>	<b>321-615-9557</b> <b>321-637-7361</b>
<b>Rockledge Regional Medical Center - Lactation Consultant</b> – Meghan Christie, RN, IBCLC <i>Breastfeeding Support Group Meeting Thursday 10:00 Family Birth Place</i>	<b>321-636-2211 x4752</b>

### ♥♥South Brevard♥♥

<b>Holmes Regional Medical Center Lactation Consultants:</b> Sascha Bartlett, RN, IBCLC, Danielle Blaylock, RN, CLC, Stephanie Dalpra, RN, IBCLC, Brita Fagan, RN, IBCLC, Lisa Suttles, RN, IBCLC <i>The Mom Club, Breastfeeding support group meeting, Friday, 10:00 a.m. Auditorium, Zone A</i> Please check dates and times at <a href="http://www.hf.org">www.hf.org</a> in the “events and classes” section	<b>321-434-7365</b>
<b>Space Coast La Leche League – Free mother-to-mother breastfeeding support group</b> Erin Ludwig, Ryan Drummond <a href="mailto:spacecoastlll@gmail.com">spacecoastlll@gmail.com</a> <a href="http://www.spacecoastlll.com">www.spacecoastlll.com</a> <a href="http://www.facebook.com/groups/spacecoastlll">www.facebook.com/groups/spacecoastlll</a> <i>Monthly meetings: 1<sup>st</sup> Thursday 10 a.m. Rodes Park West Melbourne; 3<sup>rd</sup> or 4<sup>th</sup> Tuesday evening at Bold Cup Coffee Viera</i> Go to link on their website for email meeting reminders	<b>775-800-MILK 775-800-6455</b>
<b>WIC Melbourne Lactation Consultant</b> – Nancy Faul, IBCLC <b>WIC Breastfeeding Peer Counselor</b> – Luz Andrea Lopez <i>Breastfeeding support group meeting the 2<sup>nd</sup> Tuesday of every month @ 10:00 am Melbourne Health Department</i>	<b>321-726-2980</b> <b>321-726-2933</b>

### ♥♥Private Lactation Services♥♥North Brevard♥♥

<b>Kimberly Severson, CLC</b>	<b>321-615-0073</b>
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### ♥♥Private Lactation Services♥♥Central Brevard♥♥

<b>Kathy Bradley, IBCLC, ICCE, CD</b> – Childbirth Concierge Services – in-home consults for all of Central FL	<b>321-213-1112</b>
<b>Laene Keith, MA, CCC/SLP, IBCLC</b> – Lactation Link <a href="http://www.lactationlink.com/laenekeith">www.lactationlink.com/laenekeith</a> E-consults and in-home consultation	

### ♥♥Private Lactation Services♥♥South Brevard♥♥

<b>Rebecca Goff, ARNP, IBCLC</b> – Space Coast Lactation <a href="mailto:rebecca@spacecoastlactation.com">rebecca@spacecoastlactation.com</a>	<b>321-866-8484</b>
<b>Christy Vergara, MS, IBCLC</b> – <a href="http://www.brevardlactationwellness.com">www.brevardlactationwellness.com</a> <a href="mailto:hello@brevardlactationwellness.com">hello@brevardlactationwellness.com</a>	<b>321-414-9197</b>
<b>Dayna Glywasky, CLC</b> - Tree of Life Birth Services <a href="mailto:dayna.glywasky@gmail.com">dayna.glywasky@gmail.com</a>	<b>321-914-5470</b>

## Breastfeeding Products & Pump Rentals

### North Brevard

WIC (Pumps for eligible WIC clients only) – Trish Daley, IBCLC	321-383-5542
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### Central Brevard

Brevard Medical Equipment Merritt Island	321-453-3370
Cape Canaveral Hospital	321-799-7151
Military Mommies–Tricare Provider-Breast pumps <a href="https://militarymommies.com">https://militarymommies.com</a> <a href="mailto:rgoff@militarymommies.com">rgoff@militarymommies.com</a>	321-866-8484
U.S. Air Force (all military personnel) - Karen Gaston, RNC	321-494-8241
WIC (Pumps for eligible WIC clients only) - Patty Tarasavage, IBCLC	321-639-5802x1407

### South Brevard

Acquaviva's Pharmacy 1555 Port Malabar Blvd, Palm Bay (leave a message after hours. free home delivery available)	321-725-7188
Health First Medical Equipment 129 Hibiscus Blvd., Melbourne	321-434-3400
Holmes Regional Medical Center	321-434-7346
WIC (Pumps for eligible WIC clients only) – Nancy Faul, IBCLC	321-726-2980

### Childbirth/Doula Resources

Birth Naturally Brevard — <a href="mailto:birthnaturallybrevard@gmail.com">birthnaturallybrevard@gmail.com</a> <a href="http://www.birthnaturallybrevard.com">www.birthnaturallybrevard.com</a>	
Ashton Gelzinis 321-698-1654 Elizabeth McLean 321-298-9011 Julie O’Neill 321-223-5468 Terri Myers 321-298-9040	
Brevard Doulas <a href="http://www.brevarddoulas.com">www.brevarddoulas.com</a> labor & postpartum doula services, childbirth education and breastfeeding support	
Space Coast Doulas - Doula Services: <a href="http://www.spacecoastdoulas.com">www.spacecoastdoulas.com</a>	
Space Coast Cesarean & VBAC Support- Heather Schweich <a href="mailto:SpaceCoastCVBAC@gmail.com">SpaceCoastCVBAC@gmail.com</a>	321-684-1111

### Milk Donation

Milk Bank of Florida – Brevard County Mother’s Milk Drop Depot –The Nest Facebook:The321Nest	321-222-7572
<b><i>To schedule milk donation</i></b> call 321-222-7572 email <a href="mailto:the321nest@gmail.com">the321nest@gmail.com</a> schedule on line <a href="https://the321nest.as.me/">https://the321nest.as.me/</a>	

### National Hotlines

Infant Risk Center – Medication Information Hotline <a href="http://www.infantrisk.org">www.infantrisk.org</a>	806-352-2519
La Leche League International Breastfeeding Help Line	800-525-3243 #8
Best for Babes "Nursing in Public" Harassment Hotline	1-855-NIP-FREE

### Breastfeeding Information on the Internet

<a href="http://www.aap.org/healthtopics/breastfeeding.cfm">www.aap.org/healthtopics/breastfeeding.cfm</a> <a href="http://www.askdrsears.com">www.askdrsears.com</a> <a href="http://www.breastfeedingonline.com/help">http://www.breastfeedingonline.com/help</a>	
<a href="http://breastfeedingusa.org/breastfeeding-information">breastfeedingusa.org/breastfeeding-information</a> <a href="http://www.drjaygordon.com">www.drjaygordon.com</a> <a href="https://firstdroplets.com/">https://firstdroplets.com/</a> <a href="http://www.kellymom.com">www.kellymom.com</a>	
<a href="http://www.lalecheleague.org">www.lalecheleague.org</a> <a href="http://newborns.stanford.edu/Breastfeeding/">http://newborns.stanford.edu/Breastfeeding/</a> <a href="http://www.womenshealth.gov/Its-Only-Natural">www.womenshealth.gov/Its-Only-Natural</a>	
<a href="http://www.4woman.gov/breastfeeding">www.4woman.gov/breastfeeding</a>	
Baby wearing: Space Coast Area Baby wearers: <a href="http://www.facebook.com/groups/melbournebabywearers/">www.facebook.com/groups/melbournebabywearers/</a>	
Black Mom’s Breastfeeding Support: <a href="https://blackwomendobreastfeed.org/">https://blackwomendobreastfeed.org/</a> <a href="http://www.breastfeedingrose.org">www.breastfeedingrose.org</a>	
Bras: <a href="http://www.bosombuddies.com">www.bosombuddies.com</a> <a href="http://www.bravadodesigns.com">www.bravadodesigns.com</a> <a href="http://www.breakoutbras.com/category/full-fig-plus-size-nursing-bras">www.breakoutbras.com/category/full-fig-plus-size-nursing-bras</a>	
Breastfeeding videos: <a href="https://globalhealthmedia.org/videos/">https://globalhealthmedia.org/videos/</a>	
Crying: <a href="https://www.happiestbaby.com/blogs/baby/">https://www.happiestbaby.com/blogs/baby/</a>	
Low milk supply: <a href="http://www.mobimotherhood.org/">http://www.mobimotherhood.org/</a> <a href="http://www.bfar.org">www.bfar.org</a>	
Medication: <a href="https://www.ncbi.nlm.nih.gov/books/NBK501922/">https://www.ncbi.nlm.nih.gov/books/NBK501922/</a> <a href="http://www.infantrisk.org">www.infantrisk.org</a>	
National Women’s Law Center–Info on coverage of pumps and lactation services under the Affordable Care Act: <a href="http://www.nwlc.org/resource/new-benefits-breastfeeding-moms-facts-and-tools-understand-your-coverage-under-health-care-">http://www.nwlc.org/resource/new-benefits-breastfeeding-moms-facts-and-tools-understand-your-coverage-under-health-care-</a>	
Postpartum Depression support: <a href="http://www.postpartum.net/learn-more/help-for-moms/">http://www.postpartum.net/learn-more/help-for-moms/</a>	
Pumping: <a href="http://www.exclusivepumping.com">www.exclusivepumping.com</a> <a href="http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm335261.htm?source=govdelivery">www.fda.gov/ForConsumers/ConsumerUpdates/ucm335261.htm?source=govdelivery</a>	
Sleep information: <a href="https://cosleeping.nd.edu/mckenna-biography/">https://cosleeping.nd.edu/mckenna-biography/</a>	
Tongue tie information: <a href="https://www.kiddsteeth.com/breastfeeding.php">https://www.kiddsteeth.com/breastfeeding.php</a> <a href="http://www.tonguetie.net/">www.tonguetie.net/</a>	
Dr. Yoshita Patel Hosking DDS, MPH – Viera Pediatric Dentistry – 321-417-0107 <a href="mailto:info@vierapd.com">info@vierapd.com</a> <a href="http://www.vierapd.com">www.vierapd.com</a>	
Dr. David Malis, ENT Physician (321) 254-5437	
Travel information: <a href="http://www.tsa.gov/traveling-formula-breast-milk-and-juice">http://www.tsa.gov/traveling-formula-breast-milk-and-juice</a>	
Work & Pumping: <a href="http://www.womenshealth.gov/breastfeeding/employer-solutions/nursing-moms.html">http://www.womenshealth.gov/breastfeeding/employer-solutions/nursing-moms.html</a>	

March 2020

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