

Brevard County Breastfeeding Resources May 2022

<http://www.spacecoastbreastfeeding.weebly.com/>

Information provided is subject to change without notice. Please call to verify meeting days, times, and locations.

North Brevard

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| La Leche League of Titusville - Sandy Hill, Anna Hackle <i>Breastfeeding support group monthly meeting - 3rd Tuesday 5:30-7:30 pm</i> Titusville Library Hannemann Room, 2121 South Hopkins, Titusville, FL 32780 | 321-458-0034 or 269-0476 |
| Parrish Medical Center Lactation Consultant – Teri Newman, MSN, RNC-MNN, IBCLC Johannah Seifert, RN, IBCLC Heather Focht, RN, IBCLC <i>Mom’s Group - breastfeeding support - Mon 10:00-11:00 a.m., the Children’s Center, Titusville</i> | 321-268-6682 321-268-6724 |
| Kimberly Severson, CLC Private Practice | 321-615-0073 |
| WIC Titusville Lactation Consultant – Terrasina Wynn, CLC WIC Breastfeeding Peer counselor <i>Breastfeeding support group meeting the 3rd Friday of every month @ 2:00 pm Titusville Health Department</i> | 321-383-5542 |

Central Brevard

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| Kathy Bradley, IBCLC, ICCE, CD – Childbirth Concierge Services – In-home consults for all Central FL | 321-213-1112 |
| Cape Canaveral Hospital Lactation Consultant Donna O’Brien, RN, IBCLC, Lisa Suttles, RN, IBCLC, Nickie Denholm, RN, Louise Silver, RN <i>The Mom’s Club, Breastfeeding support group meeting Friday 11:00 a.m. CCH Medical Plaza</i> Meet on Facebook: echemclub | 321-799-7151 |
| Cara Caddy, CBS –The Peaceful OT–prenatal and postpartum breastfeeding support https://www.thepeacefulot.com/ | 412-818-4393 |
| Laene Keith, MA, CCC/SLP, IBCLC – Lactation Link www.lactationlink.com/laenekeith Serving all of Brevard County E-consults and in-home consultation | 321-271-7990 |
| Rockledge Regional Medical Center - Lactation Consultant – Meghan Christie, RN, IBCLC <i>Breastfeeding Support Group Meeting Thursday 10:00 Family Birthplace</i> | 321-636-2211 x4752 |
| U.S. Air Force (all military Personnel) - Karen Gaston, RNC | 321-494-8241 |
| WIC Viera Lactation Consultant - Patty Tarasavage, IBCLC WIC Breastfeeding Peer Counselor <i>Breastfeeding support group meeting the 1st Thursday of every month @ 10:30 am Viera Health Department</i> | 321-615-9557 |

South Brevard

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| Sascha Bartlett, RN, IBCLC – Latched on Brevard – In-home consultations – www.latchedonbrevard.com BCBS & Cigna insurance accepted (6 free in-home visits) Serving all of Brevard County | 321-537-3837 |
| Rebecca Goff, ARNP, IBCLC – Space Coast Lactation rebecca@spacecoastlactation.com | 321-866-8484 |
| Dayna Glywasky, CLC - Tree of Life Birth Services dayna.glywasky@gmail.com | 321-914-5470 |
| Holmes Regional Medical Center Lactation Consultants: Stephanie Dalpra, RN, IBCLC, Brita Fagan, RN, IBCLC, Yolianna Izquierdo, RN, IBCLC <i>The Mom Club, Breastfeeding support group meeting, Friday, 10:00 a.m. Auditorium, Zone A</i> Please check dates and times at www.hf.org in the “events and classes” section | 321-434-7365 |
| Nekisha Killings, MPH, IBCLC – Lioness Lactation LLC www.LionessLactation.com owner@lionesslactation.com | 805-793-0499 |
| Space Coast La Leche League – Free mother-to-mother breastfeeding support group Cara Caddy, Erin Ludwig, Nikki Killings spacecoastlll@gmail.com www.spacecoastlll.com www.facebook.com/groups/spacecoastlll <i>Virtual Monthly meetings, check Facebook and email for meeting times Go to link on website for email meeting reminders</i> | 775-800-MILK 775-800-6455 |
| Christy Vergara, MS, IBCLC – www.brevardlactationwellness.com hello@brevardlactationwellness.com | 321-414-9197 |
| WIC Melbourne Lactation Consultant – Patty Tarasavage, IBCLC WIC Breastfeeding Peer Counselor – Stephanie Thompson <i>Breastfeeding support group meeting the 2nd Tuesday of every month @ 10:00 am Melbourne Health Department</i> | 321-615-9557 Terri Wynn, CLC 321-383-5542 321-726-2933 |

Breastfeeding Products & Pump Rentals May 2022

North Brevard

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| WIC (Pumps for eligible WIC clients only) – Terrasina Wynn, CLC | 321-383-5542 |
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Central Brevard

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| Brevard Medical Equipment Merritt Island | 321-453-3370 |
| Cape Canaveral Hospital | 321-799-7151 |
| Military Mommies–Tricare Provider-Breast pumps https://militarymommies.com rgoff@militarymommies.com | 321-866-8484 |
| U.S. Air Force (all military personnel) - Karen Gaston, RNC | 321-494-8241 |
| WIC (Pumps for eligible WIC clients only) - Patty Tarasavage, IBCLC | 321-615-9557 |

South Brevard

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| Acquaviva's Pharmacy 1555 Port Malabar Blvd, Palm Bay (leave a message after hours. free home delivery available) | 321-725-7188 |
| Health First Medical Equipment 129 Hibiscus Blvd., Melbourne | 321-434-3400 |
| Holmes Regional Medical Center | 321-434-7346 |
| WIC (Pumps for eligible WIC clients only) – Patty Tarasavage, IBCLC | 321-615-9557 |
| Terrasina Wynn, CLC | 321-383-5542 |

Childbirth/Doula Resources

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| Birth Naturally Brevard — birthnaturallybrevard@gmail.com www.birthnaturallybrevard.com | |
| Ashton Gelzinis 321-698-1654 Elizabeth McLean 321-298-9011 Julie O’Neill 321-223-5468 Terri Myers 321-298-9040 | |
| Brevard Doulas www.brevarddoulas.com labor & postpartum doula services, childbirth education and breastfeeding support | |
| Nurse Family Partnership – Free pregnancy, breastfeeding, and infant education and support for eligible first-time mothers Christi Carberry, RN, BSN 321-848-2707 Jennifer Roberts RN, MSN, CLC, 321-616-3059 self-referral call Community Connect 321-634-6101 | |
| Space Coast Doulas - Doula Services: www.spacecoastdoulas.com | |
| Space Coast Cesarean & VBAC Support- Heather Schweich SpaceCoastCVBAC@gmail.com | 321-684-1111 |

Milk Donation

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| Milk Bank of Florida – Brevard County Mother’s Milk Drop Depot –The Nest Facebook:The321Nest | 321-222-7572 |
| <i>To schedule milk donation</i> call 321-222-7572 email the321nest@gmail.com schedule on line https://the321nest.as.me/ | |

National Hotlines

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| Infant Risk Center – Medication Information Hotline www.infantrisk.org | 806-352-2519 |
| La Leche League International Breastfeeding Help Line | 800-525-3243 #8 |
| Best for Babes "Nursing in Public" Harassment Hotline | 1-855-NIP-FREE |

Breastfeeding Information on the Internet

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| www.aap.org/healthtopics/breastfeeding.cfm www.askdrsears.com http://www.breastfeedingonline.com/help breastfeedingusa.org/breastfeeding-information www.drjaygordon.com https://firstdroplets.com/ www.kellymom.com www.la lecheleague.org http://newborns.stanford.edu/Breastfeeding/ www.womenshealth.gov/Its-Only-Natural www.4woman.gov/breastfeeding www.WICBreastfeeding.fns.usda.gov | |
| Baby wearing: Space Coast Area Baby wearers: www.facebook.com/groups/melbournebabywearers/ | |
| Black Mom’s Breastfeeding Support: https://blackwomendobreastfeed.org/ www.breastfeedingrose.org | |
| Bras: www.bosombuddies.com www.bravadodesigns.com www.breakoutbras.com/category/full-fig-plus-size-nursing-bras | |
| Breastfeeding videos: https://globalhealthmedia.org/videos/ Stanford University School of Medicine - Firstdroplets.com | |
| Crying: https://www.happiestbaby.com/blogs/baby/ | |
| Low milk supply: http://www.mobimotherhood.org/ www.bfar.org | |
| Medication: https://www.ncbi.nlm.nih.gov/books/NBK501922/ www.infantrisk.org | |
| National Women’s Law Center–Info on coverage of pumps and lactation services under the Affordable Care Act: http://www.nwlc.org/resource/new-benefits-breastfeeding-moms-facts-and-tools-understand-your-coverage-under-health-care- | |
| Postpartum Depression support: http://www.postpartum.net/learn-more/help-for-moms/ | |
| Pumping: www.exclusivepumping.com www.fda.gov/ForConsumers/ConsumerUpdates/ucm335261.htm?source=govdelivery | |
| Sleep information: https://cosleeping.nd.edu/mckenna-biography/ | |
| Tongue tie information: https://www.kiddsteeth.com/breastfeeding.php www.tonguetie.net/ | |
| Dr. Yoshita Patel Hosking DDS, MPH – Viera Pediatric Dentistry – 321-417-0107 info@vierapd.com www.vierapd.com | |
| Dr. David Malis, ENT Physician (321) 254-5437 | |
| Travel information: http://www.tsa.gov/traveling-formula-breast-milk-and-juice | |
| Work & Pumping: http://www.womenshealth.gov/breastfeeding/employer-solutions/nursing-moms.html | |