

Brevard County Breastfeeding Resources September 2021

<http://www.spacecoastbreastfeeding.weebly.com/>

Information provided is subject to change without notice. Please call to verify meeting days, times, and locations.

♥♥North Brevard♥♥

La Leche League of Titusville - Sandy Hill, Anna Hackle <i>Breastfeeding support group monthly meeting - 3rd Tuesday 5:30-7:30 pm</i> Titusville Library Hannemann Room, 2121 South Hopkins, Titusville, FL 32780	321-458-0034 or 269-0476
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Parrish Medical Center Lactation Consultant – Rita Jordan, RN, IBCLC Heather Focht, RN, IBCLC Donna Lowery, RN, CLC	321-268-6682 321-268-6724 321-268-6790
<i>Mom and Kids Gathering/play group & breastfeeding support - Mon & Wed – 10:00 a.m., the Children’s Center, Titusville</i>	

WIC Titusville Lactation Consultant – Patty Tarasavage, IBCLC Nancy Faul, IBCLC	321-615-9557 321-726-2980
<i>Breastfeeding support group meeting the 3rd Friday of every month @ 2:00 pm Titusville Health Department</i>	

♥♥Central Brevard♥♥

Cape Canaveral Hospital Lactation Consultant Donna O’Brien, RN, IBCLC, Lisa Suttles, RN, IBCLC, Nickie Denholm, RN, Louise Silver, RN	321-799-7151
<i>The Mom’s Club, Breastfeeding support group meeting Friday 1:00 p.m. CCH Medical Plaza; meet on Facebook: echemomsclub</i>	

U.S. Air Force (all military Personnel) - Karen Gaston, RNC	321-494-8241
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WIC Viera Lactation Consultant - Patty Tarasavage, IBCLC WIC Breastfeeding Peer Counselor - Terri Wynn, CLC	321-615-9557 321-637-7361
<i>Breastfeeding support group meeting the 1st Thursday of every month @ 10:30 am Viera Health Department</i>	

Rockledge Regional Medical Center - Lactation Consultant – Meghan Christie, RN, IBCLC	321-636-2211 x4752
<i>Breastfeeding Support Group Meeting Thursday 10:00 Family Birthplace</i>	

♥♥South Brevard♥♥

Holmes Regional Medical Center Lactation Consultants: Sascha Bartlett, RN, IBCLC, Danielle Blaylock, RN, CLC, Stephanie Dalpra, RN, IBCLC, Brita Fagan, RN, IBCLC	321-434-7365
<i>The Mom Club, Breastfeeding support group meeting, Friday, 10:00 a.m. Auditorium, Zone A</i> Please check dates and times at www.hf.org in the “events and classes” section	

Space Coast La Leche League – Free mother-to-mother breastfeeding support group Erin Ludwig, Ryan Drummond	775-800-MILK 775-800-6455
spacecoastlll@gmail.com www.spacecoastlll.com www.facebook.com/groups/spacecoastlll	
<i>Monthly meetings: 1st Thursday 10 a.m. Rodes Park West Melbourne; 3rd or 4th Tuesday evening at Bold Cup Coffee Viera</i> Go to link on their website for email meeting reminders	

WIC Melbourne Lactation Consultant – Nancy Faul, IBCLC	321-726-2980
<i>Breastfeeding support group meeting the 2nd Tuesday of every month @ 10:00 am Melbourne Health Department</i>	

♥♥Private Lactation Services♥♥North Brevard♥♥

Kimberly Severson, CLC	321-615-0073
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Kathy Bradley, IBCLC, ICCE, CD – Childbirth Concierge Services – in-home consults for all of Central FL	321-213-1112
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Laene Keith, MA, CCC/SLP, IBCLC – Lactation Link www.lactationlink.com/laenekeith E-consults and in-home consultation	321-271-7990
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♥♥Private Lactation Services♥♥South Brevard♥♥

Rebecca Goff, ARNP, IBCLC – Space Coast Lactation rebecca@spacecoastlactation.com	321-866-8484
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Nekisha Killings, MPH, IBCLC – Lioness Lactation LLC www.LionessLactation.com owner@lionesslactation.com	805-793-0499
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Christy Vergara, MS, IBCLC – www.brevardlactationwellness.com hello@brevardlactationwellness.com	321-414-9197
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Dayna Glywasky, CLC - Tree of Life Birth Services dayna.glywasky@gmail.com	321-914-5470
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Breastfeeding Products & Pump Rentals September 2021

North Brevard

WIC (Pumps for eligible WIC clients only) – call Viera or Melbourne WIC

Central Brevard

Brevard Medical Equipment Merritt Island	321-453-3370
Cape Canaveral Hospital	321-799-7151
Military Mommies–Tricare Provider-Breast pumps https://militarymommies.com rgoff@militarymommies.com	321-866-8484
U.S. Air Force (all military personnel) - Karen Gaston, RNC	321-494-8241
WIC (Pumps for eligible WIC clients only) - Patty Tarasavage, IBCLC	321-639-5802x1407

South Brevard

Acquaviva's Pharmacy 1555 Port Malabar Blvd, Palm Bay (leave a message after hours. free home delivery available)	321-725-7188
Health First Medical Equipment 129 Hibiscus Blvd., Melbourne	321-434-3400
Holmes Regional Medical Center	321-434-7346
WIC (Pumps for eligible WIC clients only) – Nancy Faul, IBCLC	321-726-2980

Childbirth/Doula Resources

Birth Naturally Brevard — birthnaturallybrevard@gmail.com www.birthnaturallybrevard.com	
Ashton Gelzinis 321-698-1654 Elizabeth McLean 321-298-9011 Julie O’Neill 321-223-5468 Terri Myers 321-298-9040	
Brevard Doulas www.brevarddoulas.com labor & postpartum doula services, childbirth education and breastfeeding support	
Nurse Family Partnership – Free pregnancy, breastfeeding, and infant education and support for eligible first-time mothers Christi Carberry, RN, BSN 321-848-2707 Jennifer Roberts RN, MSN, CLC, 321-616-3059 self-referral call Community Connect 321-634-6101	
Space Coast Doulas - Doula Services: www.spacecoastdoulas.com	
Space Coast Cesarean & VBAC Support- Heather Schweich SpaceCoastCVBAC@gmail.com	321-684-1111

Milk Donation

Milk Bank of Florida – Brevard County Mother’s Milk Drop Depot –The Nest Facebook:The321Nest 321-222-7572	
<u>To schedule milk donation</u> call 321-222-7572 email the321nest@gmail.com schedule on line https://the321nest.as.me/	

National Hotlines

Infant Risk Center – Medication Information Hotline www.infantrisk.org	806-352-2519
La Leche League International Breastfeeding Help Line	800-525-3243 #8
Best for Babes "Nursing in Public" Harassment Hotline	1-855-NIP-FREE

Breastfeeding Information on the Internet

www.aap.org/healthtopics/breastfeeding.cfm www.askdrsears.com http://www.breastfeedingonline.com/help	
breastfeedingusa.org/breastfeeding-information www.drjaygordon.com https://firstdroplets.com/ www.kellymom.com	
www.lalecheleague.org http://newborns.stanford.edu/Breastfeeding/ www.womenshealth.gov/Its-Only-Natural	
www.4woman.gov/breastfeeding	
Baby wearing: Space Coast Area Baby wearers: www.facebook.com/groups/melbournebabywearers/	
Black Mom’s Breastfeeding Support: https://blackwomendobreastfeed.org/ www.breastfeedingrose.org	
Bras: www.bosombuddies.com www.bravadodesigns.com www.breakoutbras.com/category/full-fig-plus-size-nursing-bras	
Breastfeeding videos: https://globalhealthmedia.org/videos/ Stanford University School of Medicine - Firstdroplets.com	
Crying: https://www.happiestbaby.com/blogs/baby/	
Low milk supply: http://www.mobimotherhood.org/ www.bfar.org	
Medication: https://www.ncbi.nlm.nih.gov/books/NBK501922/ www.infantrisk.org	
National Women’s Law Center–Info on coverage of pumps and lactation services under the Affordable Care Act: http://www.nwlc.org/resource/new-benefits-breastfeeding-moms-facts-and-tools-understand-your-coverage-under-health-care-	
Postpartum Depression support: http://www.postpartum.net/learn-more/help-for-moms/	
Pumping: www.exclusivepumping.com www.fda.gov/ForConsumers/ConsumerUpdates/ucm335261.htm?source=govdelivery	
Sleep information: https://cosleeping.nd.edu/mckenna-biography/	
Tongue tie information: https://www.kiddsteeth.com/breastfeeding.php www.tonguetie.net/	
Dr. Yoshita Patel Hosking DDS, MPH – Viera Pediatric Dentistry – 321-417-0107 info@vierapd.com www.vierapd.com	
Dr. David Malis, ENT Physician (321) 254-5437	
Travel information: http://www.tsa.gov/traveling-formula-breast-milk-and-juice	
Work & Pumping: http://www.womenshealth.gov/breastfeeding/employer-solutions/nursing-moms.html	